

Alexander Jordan Holt

Email: holtaj26@utexas.edu | [LinkedIn Profile](#) | holtaj16@wfu.edu

Curriculum Vitae

EMPLOYMENT

2025-Present Research Assistant Professor, Department of Sociology
Wake Forest University

EDUCATION

2023-Present Doctoral Candidate, Sociology
Supervisor: Dr. Christy Erving
University of Texas at Austin
Doctoral Portfolio Candidate, African & African Diaspora Studies
Supervisor: Dr. Yasmiyn Irizarry
University of Texas at Austin

2023 Master of Arts, Sociology, University of Texas at Austin
“Race, Trauma, and Power: A Structural Intervention in Social Trauma Theory”
Supervised by Dr. Yamiyn Irizarry and Dr. Javier Auyero
University of Texas at Austin

2020 Bachelor of Arts, *magna cum laude*, Sociology (Honors)
Minors: American Ethnic Studies | French
Wake Forest University

Certifications

2025 *Recognizing and Responding to Suspicions of Child Maltreatment Certification*
Positive Childhood Alliance North Carolina

2024 *Inclusive Course Design Certification*, Center for Teaching & Learning
University of Texas at Austin

2024-2027 *Youth Mental Health First Aid, Certification*
National Council for Mental Wellbeing

2024 *Advanced Teaching Preparation Certification*, Center for Teaching & Learning
University of Texas at Austin

2024 *Teaching Preparation Certification*, Center for Teaching & Learning
University of Texas at Austin

2023-Present *C-SSRS (Suicide Severity Rating Scale) Certification*
Columbia Lighthouse Project

2022 *Inclusive Classroom Leadership Certification*, Division of Diversity and Community Engagement
University of Texas at Austin

2020 *Graduate Teaching Assistant Pedagogue*, Faculty Innovation Center
University of Texas at Austin

RESEARCH INTERESTS

Race, Gender, and Economic Inequality | Social Trauma | Racial Trauma | Inclusive & Culturally Competent Pedagogy | Biopsychosocial Wellbeing | Culture | Youth Culture & Development

FELLOWSHIPS, GRANTS & SCHOLARSHIPS, HONORS & AWARDS

Fellowships

2025-2026 Dean’s Prestigious Fellowship Award, Graduate School of Arts & Sciences
University of Texas at Austin

2025-2026 Minority Fellowship Program
American Sociological Association

2025 Summer Excellence Fellowship, Department of Sociology
University of Texas at Austin

2023-Present Urban Ethnography Lab Fellowship
University of Texas at Austin

2022-2023 PhD Career Pathways Fellowship, Graduate School & Office of Career and Life Design

University of Texas at Austin

Grants & Scholarships

- 2021 Think Race Competition, Department of Sociology
University of Texas at Austin
- 2019 Research in Social Inequality and Social Problems (REU), Texas A&M University
National Science Foundation
- 2018 Benjamin A. Gilman International Scholarship
United States Department of State

Honors & Awards

- 2024 *Participant*, Program for Research on Black Americans Summer Mentorship Program
Michigan Center for Urban African American Aging Research
- 2020 *Recipient*, The American Sociological Association's Departmental Prize for
Outstanding Students, Department of Sociology
Wake Forest University
- 2020 *Recipient*, Community Engagement Award, Department of Sociology
Wake Forest University
- 2020 *Recipient*, Change-Maker Award, Office of Community & Civic Engagement
Wake Forest University
- 2019 *Participant*, Undergraduate Honors Program
American Sociological Association

AFFILIATIONS & MEMBERSHIPS

- 2025-Present *Member*, Positive Childhood Alliance North Carolina
- 2025-Present *Student Member*, Society for the Study of Social Problems
Section Memberships:
- Community, Research, and Practice
 - Critical Race and Ethnic Study
 - Sociology, Social Work, and Social Welfare
- 2024-Present *Student Member*, American Studies Association
- 2022-Present *Affiliate*, The Bernard and Audre Rapoport Center for Human Rights and Justice
University of Texas at Austin
- 2019-2020 *Member*, Southern Demography Association
- 2018-Present *Member*, Alpha Kappa Delta, International Sociology Honor Society
- 2018-Present *Student Member*, Association of Black Sociologists
- 2018-Present *Student Member*, American Sociological Association
Section Memberships:
- Children & Youth
 - Racial and Ethnic Minorities
 - Sociology of Mental Health.

PUBLICATIONS

Peer-Reviewed Journal Articles

- 2024 Erving, Christy L., Tiffany R. Williams, Alexander J. Holt, and Aigné Taylor.
“Anticipatory Race-Related Stress and Depressive Symptoms Among U.S. Black
Women: Are Psychosocial Resources Stress Buffers?” *Sociological Inquiry*
<https://doi.org/10.1111/soin.12626>

Peer-Reviewed Book Chapters

- 2024 Erving, Christy L., Alexander J. Holt, Courtney S. Thomas Tobin. 2024.
“Stratification and Inequality” in *The Handbook of the Sociology of Mental Health*, edited
by K. Marcussen, M. Gallagher, and R. Adams New York: Springer (forthcoming)
- 2024 Thomas Tobin, Courtney, Alexander J. Holt, Christy L. Erving. 2024. “New
Directions” in *The Handbook of the Sociology of Mental Health*, edited by K. Marcussen,

M. Gallagher, and R. Adams New York: Spring ([Read Here](#))

Manuscripts

In Progress

- 2025 Holt, Alexander J., “Racializing Sociological Trauma Theory: A Move Towards Epistemic Pluralism.”
- 2025 Holt, Alexander J., Claire Harper, Lalaine Sevillano, Taylor Geyton, Matthew Town, and Esther Calzada. “You’re Black, but it’s more palatable’: Internalized Racism among College Students of Color”

Book Reviews

- 2025 Holt, Alexander “On Blackness, Liveliness, and What it Means to Be Human by Wilsom Kwamogi Okello (Review)” *The Ethnic and Third World Literatures Review of Books*. Vol. 24, edited by K. Gibbs and P. Welsh. Texas ([Read Here](#))
- 2023 Holt, Alexander “Media and the Affective Life of Slavery by Allison Page (Review)” *The Ethnic and Third World Literatures Review of Books*. Vol. 23, edited by K Gibbs and A Gunnells. Texas ([Read Here](#))

RESEARCH EXPERIENCE

- 2024-Present *Lab Associate*, ISHER ([Intersectional Sociological Health Equity Research Lab](#))
Department of Sociology, University of Texas at Austin
Lab Director: Dr. Christy Erving
- 2023-Present *Graduate Research Assistant*, Population Research Center, University of Texas at Austin
Supervisor: Dr. Christy Erving
- 2023-2025 *Inaugural Lab Associate*, SPHERE (Scholarship-Praxis Health Embodied through Resistance and Equity), School of Social Work, Portland State University
Supervisor: Dr. Lalaine Sevillano
- 2022-2025 *Lab Associate*, SPARK (Scholarship & Praxis Advancing the Restoration of Kapwa), School of Social Work, Portland State University
Supervisor: Dr. Lalaine Sevillano
- 2022-2025 *Co-Investigator*, Department(s) of Sociology, University of Texas at Austin, University of North Carolina at Chapel Hill, & University of California Los Angeles
Co-Investigators: Dr. Shannon Malone-Gonzalez, Dr. Faith Deckard
- 2022-2023 *Social Justice Research Analyst*, Eugene & Associates, PC Attorneys-At-Law
Supervisor: Darrick Eugene, Esquire
- 2022 *Research Team Member*, Steve Hicks School of Social Work, University of Texas at Austin
Supervisor: Dr. Lalaine Sevillano
- 2022 *Research Assistant*, Lyndon B. Johnson School of Public Affairs, University of Texas at Austin
Supervisor: Dr. Gordon Abner
- 2021 *Research Team Member*, Steve Hicks School of Social Work, University of Texas at Austin
Supervisor: Dr. Lalaine Sevillano
- 2020 *Research Consultant*, Office of Diversity and Inclusion, Wake Forest University
Supervisors: Dr. José Villalba & Dr. Malika Roman Isler
- 2019-2020 *Research Assistant*, Wake Forest University Department of Sociology
Advisor: Dr. Hana Brown
- 2019 *Independent Researcher*, National Science Foundation (REU), Texas A&M University
Advisor: Dr. Reuben May
- 2017-2018 *Research Assistant*, Wake Forest University School of Business
Advisor: Dr. Michelle Steward
- 2017-2018 *Research Assistant*, Wake Forest University Department of Sociology

Advisor: Dr. Edward Opoku-Dapaah

INVITED TALKS

- 2023 Holt, Alexander. "Bus Down Thotiana: School Buses, Sociality, and Flouting Bodily Surveillance" Presented as a guest lecture for Family & Society at the University of North Carolina at Chapel-Hill, Chapel Hill, NC
- 2023 Holt, Alexander. "On Discourse and Content Analysis" Presented as a guest lecture for Social Research Methods at the University of Texas at Austin, Austin, TX
- 2023 Sevillano, Lelaine, Alexander Holt, and Claire Harper. "Centering Care in our Classrooms to Improve Equity, Belonging, and Academic Success" Presented in a webinar hosted by Course Hero
- 2022 Holt, Alexander "From Primary Through Post-Secondary: Making It Through the Educational Gauntlet" Presented at Winston-Salem State University's Math Science and Engineering Network (NC-MSEN) Saturday Academy for Underrepresented Students in STEM, Winston Salem, NC
- 2021 Holt, Alexander "On Intersectionality" Presented as a guest lecture for Sociology 302: Introduction to the Study of Society at the University of Texas at Austin, Austin, TX

CONFERENCE PRESENTATIONS

- 2025 Farrell, Kaitlyn, Alexander J. Holt. "When Crisis Is Common: Responsive Praxis in Educational Development" To be Presented at the 50th annual Professional and Organizational Development (POD) Network in Higher Education Conference. San Diego, CA
- 2024 Holt, Alexander. "Man, World, and Child: On Juvenile Aesthetic Explorations and Sociogenic Mutations" Presented at the American Studies Association National Conference. Baltimore, MD
- 2024 Holt, Alexander. "Man, World, and Child: On Juvenile Aesthetic Explorations and Sociogenic Mutations" Presented at the DuBois Afro-American Studies conference. University of Massachusetts Amherst, Amherst, MA
- 2022 Sevillano, Lelaine, Alexander Holt, Anchita Raybarman, and Claire Harper. "When They See Me: Pedagogy & Sense of Belonging" Presented at the annual South by Southwest Education Conference. Austin, TX
*A podcast recording of this presentation is available at [this link](#)
- 2019 Holt, Alexander. "The Color of Choice: An Analysis of College-Bound Black Students' College Choice" Presented in a round table session at the annual meeting of the American Sociological Association, New York, NY
- 2019 Holt, Alexander. "Race, Class, and Leisure: A Small-Town Analysis of Boundaries in Nightclubs" Presented at the annual meeting of the Southern Demography Association of America, New Orleans, LA
- 2017 Holt, Alexander. "Diversity and Inclusion Pre-Orientation Talk" Presented at Wake Forest University's annual First-Year pre-orientation week, Winston Salem, NC
- 2017 Holt, Alexander. "Educating Empathy: A Move Towards Better Activism" Presented at the second annual Wake Speaks Public Speaking Conference, Wake Forest University, Winston Salem, NC

RELEVANT WORK EXPERIENCE

- 2025-Present Curricular Development Consultant, Foot Locker Leadership Academy

	Winston Salem State University
	Supervisor: Joseph C. Baker, Jr.
2023-2025	Graduate Teaching Consultant, Center for Teaching & Learning University of Texas at Austin
	Supervisor: Dr. Michelle Gaston
	Courses Taught:
	○ Teaching Preparation Series (Spring 2023-Spring 2025) ○ Inclusive Course Design Institute (Summer 2024)
2022	<i>Teaching Assistant</i> , Critical Race Theory Summer School African American Policy Forum
	Supervisor: Dr. Gloria Ladson-Billings
	Focus Area: Critical Race Theory & Education
2021-2023	<i>Tutor</i> , Intercollegiate Athletics University of Texas at Austin
	Specialties: Sociology, Black Studies, French, Writing, Academic Strategy
2020-2023	<i>Teaching Assistant</i> , Department of Sociology University of Texas at Austin
	Courses Taught:
	○ Introduction to the Study of Society (Fall 2020-Spring 2022) ○ Punishment & Society (Fall 2022) ○ Social Research Methods (Spring 2022-Fall 2023)
2020	<i>Census Enumerator</i> , United States Census Bureau
2019-2020	<i>Student Liaison</i> , Office of Global Programs and Studies Wake Forest University

PUBLISHED ESSAYS

2018-2020	Opinion Columnist, Old Gold & Black, Wake Forest University
	Articles:
	○ “Centuries in Seconds: Why It’s Time for You to Get Involved” * Co-Author with Katherine Pearson (Article Available Here) ○ “Our Haze of Indifference Numbs us to Cultural Crises” (Article Available Here)
2017	Undergraduates, Wake Forest University and Carter Smith. 2017. <i>Essays: A Movement of the Mind</i> . Library Partners Press (Co-Author)
2017-2018	<i>Content Creator</i> , The Odyssey Online, Wake Forest University
	*Complete list of published essays available here
2016-2017	Holt, Alexander, <i>Writing Moves: A Collection of Student Writing from Wake Forest University</i> , “Roots of the ‘Black Lives Matter’ Movement: The Disconnect”
	○ Piece nominated for the D.A. Brown Writing Award (Essay Available Here)

SERVICE***Campus***

2024	<i>Co-Facilitator & Content Developer</i> , Inclusive Course Design Institute, Center for Teaching and Learning University of Texas at Austin
2024	<i>Panel Facilitator</i> , Celebrating Neurodiversity Student Panel, Inclusive Teaching and Learning Symposium University of Texas at Austin
2024	<i>Emcee</i> , 8 th annual Graduate Teaching Showcase, Center for Teaching and Learning University of Texas at Austin
2023	<i>Crisis Pedagogy Toolkit Co-Developer</i> , Faculty Innovation Center (FIC)

	University of Texas at Austin
2019-2020	<i>Founding Member</i> , Wake Forest University Anti-Racism Coalition (ARC) Wake Forest University
2019	<i>Moderator</i> , Branches Social Justice Retreat Wake Forest University
2018	<i>Interviewer</i> , Vice President Search Committee, Office of Diversity & Inclusion Wake Forest University
2017-2019	<i>Founder</i> , Men of Color Discussion Group, Office of Diversity & Inclusion, Intercultural Center Wake Forest University
2017-2018	<i>Founding Member and Facilitator</i> , Consciousness in Action Sustained Dialogue Group Wake Forest University
2016-2018	<i>Panelist and Host</i> , Mosaics Diversity Recruitment Wake Forest University
<i>College</i>	
2019-2020	<i>President's Aide</i> , Office of the President Wake Forest University
2019-2020	<i>Evaluations and Accountability Committee Member</i> , Presidential Commission on Race, Equity, and Community Wake Forest University
2017-2019	<i>Intercultural Center Ambassador</i> , Office of Diversity and Inclusion Wake Forest University
2017-2018	<i>Interviewer</i> , Faculty Search Committee, Intercultural Center, Office of Diversity and Inclusion Wake Forest University
<i>Departmental</i>	
2022	<i>Co-Facilitator</i> , Canvas Workshop, Department of Sociology University of Texas at Austin
2019	<i>Student Interviewer</i> , Faculty Search Committee, Department of French Studies Wake Forest University
2019	<i>Student Interviewer</i> , Faculty Search Committee, Department of Sociology Wake Forest University
<i>Disciplinary</i>	
2025	<i>Ad. Hoc Reviewer</i> , Journal of Criminal Law & Criminology
2023-2024	<i>Managing Editor</i> , Gender & Society
<i>Community</i>	
2025	<i>Research Mentor</i> , Illinois Science & Technology Coalition, Chicago, IL Specialities: Sociology, Social Justice, Gender/Sexuality Studies Projects Mentored: ○ An exploration of bilingual students' experiences in education ○ Analyzing colonialism's impact on discussions of Afro Feminism
2025	<i>Pre-College Program Commencement Speaker</i> , NC-MSEN, Winston Salem, NC Winston Salem State University
2023	<i>Founder</i> , Black Feminist Sociology Reading Group, Austin, TX
2022	<i>Co-Facilitator</i> , Summer Abolition Workshop, Winston Salem, NC Triad Abolition Project
2017-2020	<i>Independent Research Contractor</i> , Winston Salem, NC Triad Abolition Project
2018	<i>Co-organizer</i> , Black Girl Empowerment Conference, Winston Salem, NC
2016-2018	<i>Academic Camp Counselor</i> , NC-MSEN, Winston Salem, NC Winston Salem State University